

Create celebration cakes for all occasions. Sue, from Crumbs Celebration Cakes, will teach you the basic skills including using fondant and other pastes, crimping and embossing, garret frills and cut out blossoms, sugar roses and leaves, piping skills, simple modelling techniques, painting on sugar, edible dusts and colouring, torting and covering a cake with butter cream and fondant. Students are required to purchase some materials from the tutor approx cost \$50.

To view Sues cakes visit www.crumbscelebrationcakes.com

TERM 3 Mondays 7.00pm – 9.00pm
26th July to 13th September

COST \$132

BOOKCLUB

Make time for your love of books and share your interest with others. Expand your reading selection and enjoy discussions about what you've read. Casey Cardinia Library membership required (free).

TERM 3 Every 3rd Monday of the month
from 7.30pm.

COST \$30



CARDINIA RAILING

Family friendly club for model railway enthusiasts. Now in a larger room the club is encouraging new beginner and experienced enthusiasts to come and join in. Junior members above the age of 10 welcome. Meets on Saturdays, from late afternoon to evening.

For further details telephone Bill 9783 1727 during office hours or 5659 6237 after hours.

STRENGTH TRAINING

Regular strength training can maintain or increase your strength for everyday tasks and improve your posture. Regular strength training can improve the symptoms of arthritis, heart disease, diabetes, osteoporosis and pre existing injuries.

Designed especially for those new to strength training, this program, led by a qualified fitness instructor, will introduce you to the basics in a safe, relaxed and supportive environment. Limited spaces. Bookings required.

DAY/TIME Mondays 9.30am – 10.30am

TERM 3 12th July to 13th September

COST \$55 **10 SESSIONS**

TERM 4 4th October to 13th December

COST \$55 **10 SESSIONS**
Or \$8 per session casual

DAY/TIME Thursdays 10.30am – 11.30am

TERM 3 15th July to 16th September

COST \$55 **10 SESSIONS**

TERM 4 7th October to 9th December

COST \$55 **10 SESSIONS**
Or \$8 per session casual



NEW

TAI CHI - NEW BEGINNER'S CLASS

Change your life! Promote fitness, good health and wellbeing with Tai Chi. Learn and practice various forms or routines, breathing and meditation techniques,

relaxation techniques, posture correction, strength, flexibility, balance, and coordination exercises.

Sandra has 10 years experience and teaches at the Golden Lion Academy as well as her own classes. Students should wear loose comfortable clothing.

DAY/TIME	Thursdays 7.30pm – 8.30pm	
TERM 3	29th July to 16th September	
COST	\$88	8 SESSIONS
TERM 4	14th October to 2nd December	
COST	\$88	8 SESSIONS

BELLYDANCING - BEGINNERS CLASS

Belly dance is a fun and creative dance form dating back thousands of years with origins in many parts of the Middle East. This sensual dance is now enjoyed worldwide and offers significant health benefits.

This beginner's course will touch on subjects such as body and dance technique, choreography and improvisation, dancing with eastern props and the history of Middle Eastern dance through practical workshops. This class will get your heart pumping and tone your torso. Please come in loose, comfortable clothing.

DAY/TIME	Mondays 7.30pm – 8.30pm	
TERM 3	19th July to 6th September	
COST	\$88	8 SESSIONS
TERM 4	18th October to 6th December	
COST	\$77	7 SESSIONS

BELLYDANCING - INTERMEDIATE CLASS

Belly dance is a fun and creative dance form dating back thousands of years with origins in many parts of the Middle East. This sensual dance is now enjoyed worldwide and offers significant health benefits.

This course develops technique and vocabulary established in the beginner class whilst improving body coordination and dance technique, through more refined choreography. There is also a greater focus on improvisation throughout the series of practical workshops. Please come in loose, comfortable clothing, with a hip scarf or coin belt.

DAY/TIME	Mondays 7.45pm – 8.45pm	
TERM 3	19th July to 6th September	
COST	\$88	8 SESSIONS
TERM 4	18th October to 6th December	
COST	\$77	7 SESSIONS

PAKENHAM MODELLERS

Pakenham Modellers meet fortnightly on Sundays from 2pm. Model trains, planes, rockets, sci-fi, cars, tanks etc. For ages 13 years and over. For further details telephone Rob 5940 2650 or Ian 5942 7521.