



Post Separation Parenting

Windermere™

*everyone is someone
in our community*

A 3 week program to help PARENTS to better understand the effects of separation on their children & learn useful strategies for helping children to adjust.

- WHO** Separating and separated parents
WHEN Monday 9.30am – 11.30am
11th, 18th and 25th October 2010. (no childcare available)
COST \$45 (\$15 per week) or \$40 if paid in full in week 1.
WHERE Living Learning Pakenham
TO BOOK Telephone Julie Speirs 9705 3200 or info@windermere.org.au
NOTE: Only one person from a separated couple can attend

COMMUNITY INFORMATION REFERRAL & SUPPORT

If you are having trouble finding information and don't know where to go, Living Learning Pakenham provides information, referral, support, advocacy and negotiation for members of the Cardinia Shire community on a wide range of subjects, i.e. Centrelink, utility bills, housing difficulties. All client information will be treated as strictly confidential. Living Learning Pakenham is a member of Community Information Victoria.

VOLUNTEER TRANSPORT PROGRAM

To assist local residents who are unable to drive to medical and other necessary appointments. Donation required for this service. Telephone 5941 2389.

VOLUNTEER TAX HELP

Tax Help was established to help people who have difficulty completing their own tax returns. Tax Help volunteers help people with straightforward tax matters including giving advice on whether a client needs to lodge a tax return and also helping with claims for the family tax benefit and the refund of franking credits. Where possible returns are lodged electronically using e-tax. Telephone 5941 2389.

PENINSULA COMMUNITY LEGAL CENTRE

Legal advice in family law, child support, intervention orders, motor vehicle accidents and minor criminal matters. Appointments available on Tuesdays. Telephone the Cranbourne Branch on 5995 3722.

Adult Learners' Week

Living Learning Pakenham 1st – 8th September

Celebrating our refurbished and extended facility. Drop in during Adult Learners Week and ask us how you can get involved. Living Learning Pakenham gratefully acknowledges the funding support of the Federal Government through the Teaching and Learning Capital Fund.

SUPPORT GROUPS

GRIEF/BEREAVEMENT SUPPORT

To have support, to express feelings and move towards re-establishment of self. Wednesdays from 3pm. Facilitated by Marianne. Gold coin donation.

ALCOHOLICS ANONYMOUS (AA)

If you are faced with a drinking problem perhaps AA can help. Sundays from 8pm – Enquiries welcome. AA central 9429 1833.

NARCOTICS ANONYMOUS (NA)

If you want to use drugs that's your business. If you want to stop we can help. Mondays from 7.30pm. NA hotline 9525 2833.

VOLUNTEER OPPORTUNITIES

Living Learning Pakenham has opportunities to volunteer.

INFORMATION AND REFERRAL WORKER

Living Learning Pakenham provides information, referral, support, advocacy and negotiation for members of the Cardinia Shire community on a wide range of subjects, i.e. Centrelink, utility bills, housing difficulties. Volunteers are provided training in advocacy and interview skills. Volunteers will be required to have basic computer and organisational skills. Position involves data entry, maintaining information and producing a newsletter.

VOLUNTEER DRIVING PROGRAM

Volunteers are required to provide office assistance as well as driving in this valuable community support activity. Volunteer drivers are required to use their own car and must have suitable vehicle. Volunteers are compensated for their driving expenses.

FRIENDLY BITES VOLUNTEER

Friendly Bites is a volunteer run lunch time social activity. Volunteers are involved in food preparation, organising guest speakers and activities and assist in creating a friendly atmosphere and making people feel welcome.

VOLUNTEER TAX HELP

Tax Help volunteers help people with straightforward tax matters including giving advice on lodging a tax return and helping with claims for the family tax benefit and the refund of franking credits. Where possible returns are lodged electronically using e-tax. The Tax Office provides training and all the necessary items to help you prepare tax returns including e-tax training. Training for Tax Help volunteers commences in April each year.

VOLUNTEER LEARNING PARTNERS

Volunteer Learning Partners provide individual tuition to adults who have low literacy skills. Anyone who can read, write and do basic maths and has a desire to share their skills with other adults is suitable to become a Volunteer Learning Partner. Living Learning Pakenham especially needs people who are available to volunteer in the evenings. Living Learning Pakenham offers training and support to Volunteer Partners.

Our program coordinator will match Volunteer Learning Partners with students and then provide ongoing support with regular contact and opportunities for further skill development.

Volunteer Training is required for some of these positions. The Cardinia Shire subsidises some training for volunteers. Telephone 5941 2389 for more information about volunteering at Living Learning Pakenham.